

Ras De Cymru Stage Race

GC After Stage 5

Position	Number	Name	Team / Club	Category	Stage 1 (h:mm:ss)	Stage 2 (h:mm:ss)	Stage 3 (h:mm:ss)	Stage 4 (h:mm:ss)	Stage 5 (h:mm:ss)	Overall Time (h:mm:ss)	Time Gap (h:mm:ss)
1	18	Richard Harris	Cwmcarn Paragon	2ndVet40	0:15:12	2:08:23	2:02:03	0:11:43	2:22:51	7:00:12	
2	81	Daniel Davies	Team Wiggle	2ndSen	0:14:35	2:09:12	2:02:03	0:11:41	2:23:19	7:00:50	0:00:38
3	49	Gunther Zechmann	London Phoenix CC	2ndSen	0:15:01	2:08:33	2:02:03	0:11:15	2:24:05	7:00:57	0:00:45
4	66	Richard Cartland	South Downs Bikes CC	2ndSen	0:14:37	2:09:12	2:02:03	0:11:49	2:23:26	7:01:07	0:00:55
5	93	David Griffiths	WALES	2ndSen	0:14:44	2:09:12	2:02:03	0:12:04	2:23:09	7:01:12	0:01:00
6	83	Ben Simmons	Team Wiggle	2ndSen	0:14:35	2:09:12	2:02:03	0:11:23	2:24:01	7:01:14	0:01:02
7	65	Steve Calland	South Downs Bikes CC	2ndVet40	0:14:37	2:09:12	2:01:47	0:11:36	2:24:05	7:01:17	0:01:05
8	72	Fraser Martin	Spokes Racing	2ndJun	0:15:15	2:08:38	2:02:03	0:11:20	2:24:08	7:01:24	0:01:12
9	9	Oscar Hutchings	Bikeshed UEx	2ndSen	0:14:47	2:09:12	2:02:03	0:11:42	2:23:41	7:01:25	0:01:13
10	79	James Lowden	Team ASL 360/The Health Boutique	2ndSen	0:15:11	2:09:12	2:01:53	0:11:10	2:24:01	7:01:27	0:01:15
11	96	Stephen Williams	WALES	2ndJun	0:14:44	2:09:12	2:02:03	0:11:17	2:24:13	7:01:29	0:01:17
12	20	Wayne Crombie	East London Velo	2ndVet40	0:14:51	2:09:12	2:02:03	0:11:17	2:24:08	7:01:31	0:01:19
13	68	Roger Smith	South Downs Bikes CC	3rdVet40	0:14:37	2:09:12	2:02:03	0:11:45	2:24:01	7:01:38	0:01:26
14	3	Alex Jones	Audlem CC	2ndSen	0:15:21	2:09:12	2:02:03	0:11:41	2:23:30	7:01:47	0:01:35
14	55	Joshua Jones	NFTO Race Club	2ndSen	0:14:53	2:09:12	2:02:03	0:11:21	2:24:18	7:01:47	0:01:35
16	48	Jason Creswell	London Phoenix CC	3rdSen	0:15:01	2:09:12	2:02:03	0:11:24	2:24:13	7:01:53	0:01:41
17	74	Jack Burgin	St Ives CC	3rdSen	0:14:54	2:09:12	2:02:03	0:11:32	2:24:13	7:01:54	0:01:42
17	56	Paul Jones	NFTO Race Club	2ndSen	0:14:53	2:09:12	2:02:03	0:11:56	2:23:50	7:01:54	0:01:42
19	62	Peter Cocker	Pedal Pushers	2ndSen	0:14:55	2:09:12	2:02:03	0:11:42	2:24:05	7:01:57	0:01:45
20	67	Simon McNamara	South Downs Bikes CC	2ndSen	0:14:37	2:09:12	2:02:03	0:11:34	2:24:33	7:01:59	0:01:47
21	97	Calum Croft	Wessex RT	2ndSen	0:14:54	2:09:12	2:02:03	0:11:44	2:24:13	7:02:06	0:01:54
22	85	James Bradley	Twickenham CC	2ndSen	0:15:08	2:08:28	2:02:03	0:12:11	2:24:18	7:02:08	0:01:56
22	90	Thomas Bowering	VC Meudon RT	2ndSen	0:14:59	2:09:12	2:02:03	0:11:36	2:24:18	7:02:08	0:01:56
24	8	Edward Palfreeman	BC Central	2ndSen	0:15:02	2:09:12	2:02:03	0:11:51	2:24:01	7:02:09	0:01:57
25	43	Lee Comerford	London Dynamo	2ndSen	0:14:58	2:09:12	2:02:03	0:11:49	2:24:13	7:02:15	0:02:03
26	98	James Davey	Wessex RT	2ndSen	0:14:54	2:09:12	2:02:03	0:12:03	2:24:05	7:02:17	0:02:05
27	91	Albert Ellison	VC Meudon RT	2ndSen	0:14:59	2:09:12	2:02:03	0:11:57	2:24:08	7:02:19	0:02:07
28	71	Lewis Grieve	Spokes Racing	2ndJun	0:15:15	2:09:12	2:02:03	0:11:42	2:24:08	7:02:20	0:02:08
29	42	Simon Bromley	London Dynamo	3rdSen	0:14:58	2:09:12	2:02:03	0:11:56	2:24:13	7:02:22	0:02:10
29	22	Roger Maidment	East London Velo	2ndVet40	0:14:51	2:09:12	2:02:03	0:11:58	2:24:18	7:02:22	0:02:10
31	17	Steven Roach	Cwmcarn Paragon	2ndSen	0:15:12	2:09:12	2:02:03	0:11:46	2:24:13	7:02:26	0:02:14
32	12	Richard Oram	Bikeshed UEx	2ndSen	0:14:47	2:09:12	2:02:03	0:12:12	2:24:13	7:02:27	0:02:15
33	60	Shaun Rouse	North Road CC	3rdSen	0:15:04	2:09:12	2:02:03	0:12:00	2:24:13	7:02:32	0:02:20
34	94	Gwyn Lovibond	WALES	2ndJun	0:14:44	2:09:12	2:02:03	0:11:58	2:24:43	7:02:40	0:02:28
35	34	Charles Walker	Halesowen A&CC	2ndJun	0:15:16	2:09:12	2:02:03	0:12:00	2:24:13	7:02:44	0:02:32
36	33	Jack Stanton-Warren	Halesowen A&CC	3rdSen	0:15:16	2:09:12	2:02:03	0:11:56	2:24:18	7:02:45	0:02:33
37	87	Alex Tinsley	Twickenham CC	2ndSen	0:15:08	2:09:12	2:02:30	0:11:39	2:24:18	7:02:47	0:02:35
37	52	Adam Howells	Mammoth Lifestyle RT	2ndSen	0:14:57	2:09:12	2:02:03	0:12:22	2:24:13	7:02:47	0:02:35
39	39	Leon Mazzone	Isle of Man Cycling	2ndJun	0:15:20	2:09:12	2:01:58	0:12:15	2:24:08	7:02:53	0:02:41
39	37	James Plumb	i-ride.co.uk	2ndSen	0:15:25	2:09:12	2:02:03	0:11:55	2:24:18	7:02:53	0:02:41
41	86	Iain Palmer	Twickenham CC	2ndSen	0:15:08	2:09:12	2:02:03	0:12:12	2:24:18	7:02:53	0:02:41
42	13	Peter Brook	Chester Road Club	3rdSen	0:15:28	2:09:12	2:02:03	0:11:58	2:24:13	7:02:54	0:02:42
43	58	Colin Bailey	North Road CC	2ndSen	0:15:04	2:09:12	2:02:03	0:12:29	2:24:08	7:02:56	0:02:44
43	38	Elliot Baxter	Isle of Man Cycling	2ndSen	0:15:20	2:09:12	2:02:03	0:12:03	2:24:18	7:02:56	0:02:44
45	92	Peter Hitt	VC Meudon RT	2ndSen	0:14:59	2:09:12	2:02:03	0:12:08	2:24:37	7:02:59	0:02:47
46	28	Alastair Barnard	Gloucester City CC	2ndSen	0:15:31	2:09:12	2:02:03	0:11:57	2:24:18	7:03:01	0:02:49
47	36	Joshua Ibbett	i-ride.co.uk	3rdSen	0:15:25	2:09:12	2:02:03	0:12:06	2:24:18	7:03:04	0:02:52
48	44	Jamie Francis	London Dynamo	2ndSen	0:14:58	2:09:00	2:02:21	0:11:57	2:24:55	7:03:11	0:02:59
49	5	Matthew Exley	BC Central	2ndSen	0:15:02	2:09:12	2:02:03	0:12:38	2:24:18	7:03:13	0:03:01
50	35	Jon Cannings	i-ride.co.uk	2ndSen	0:15:25	2:09:12	2:02:03	0:12:20	2:24:18	7:03:18	0:03:06
51	10	Ashley Martin	Bikeshed UEx	2ndSen	0:14:47	2:09:12	2:02:39	0:11:59	2:24:55	7:03:32	0:03:20
52	16	David Crowley	Cwmcarn Paragon	3rdSen	0:15:12	2:09:12	2:02:03	0:13:06	2:24:08	7:03:41	0:03:29

Ras De Cymru Stage Race

GC After Stage 5

53	24	Jim Avens	Falco Racing	2ndSen	0:15:49	2:09:12	2:02:03	0:12:30	2:24:13	7:03:47	0:03:35
54	31	Samuel Dighton	Halesowen A&CC	3rdJun	0:15:36	2:09:12	2:02:03	0:12:34	2:24:27	7:03:52	0:03:40
55	51	Matthew Bonehill	Mammoth Lifestyle RT	2ndSen	0:14:57	2:11:12	2:02:03	0:11:59	2:23:46	7:03:57	0:03:45
56	54	Mick Ballantyne	NFTO Race Club	2ndVet40	0:15:54	2:09:12	2:02:03	0:12:31	2:24:18	7:03:58	0:03:46
57	63	Marcus Partridge	Pedal Pushers	2ndSen	0:14:55	2:09:12	2:02:44	0:12:21	2:24:55	7:04:07	0:03:55
58	32	Joseph Hobbs	Halesowen A&CC	3rdSen	0:15:16	2:09:12	2:02:03	0:13:01	2:24:37	7:04:09	0:03:57
59	84	Tim Wiggins	Team Wiggle	2ndSen	0:16:53	2:09:12	2:02:03	0:12:04	2:24:18	7:04:30	0:04:18
60	45	Gabriel Evans	London Dynamo	2ndJun	0:14:58	2:11:12	2:02:30	0:11:33	2:24:18	7:04:31	0:04:19
61	7	Christopher Palfreeman	BC Central	2ndSen	0:15:02	2:09:12	2:03:39	0:12:26	2:24:18	7:04:37	0:04:25
62	6	Luke Merrilees	BC Central	2ndSen	0:15:02	2:09:12	2:02:39	0:13:09	2:24:55	7:04:57	0:04:45
63	23	Jack Steven	East London Velo	2ndSen	0:15:30	2:12:53	2:02:03	0:11:44	2:24:13	7:06:23	0:06:11
64	21	Chris Herring	East London Velo	3rdSen	0:14:51	2:09:12	2:09:41	0:12:15	2:24:33	7:10:32	0:10:20
65	61	David Vaughan	North Road CC	3rdSen	0:15:04	2:09:12	2:09:51	0:12:09	2:24:18	7:10:34	0:10:22
66	27	Sol Warwick	Falco Racing	2ndSen	0:15:49	2:09:12	2:09:51	0:11:50	2:24:18	7:11:00	0:10:48
67	76	Jason Kierman	St Ives CC	2ndVet40	0:14:54	2:09:12	2:10:31	0:12:08	2:24:50	7:11:35	0:11:23
68	53	Dave Starkey	Mammoth Lifestyle RT	2ndSen	0:15:10	2:09:12	2:09:51	0:12:44	2:24:50	7:11:47	0:11:35
69	59	Paul McGrath	North Road CC	2ndSen	0:15:04	2:09:12	2:10:04	0:12:38	2:24:55	7:11:53	0:11:41
70	47	Miles Butler	London Phoenix CC	2ndSen	0:15:01	2:09:12	2:10:04	0:12:50	2:24:55	7:12:02	0:11:50
71	75	Rory Havis	St Ives CC	2ndSen	0:14:54	2:09:12	2:10:04	0:12:24	2:25:40	7:12:14	0:12:02
72	82	Andy Shackel	Team Wiggle	2ndSen	0:14:35	2:09:12	2:10:33	0:13:24	2:24:55	7:12:39	0:12:27
73	15	Nicholas Whitley	Chester Road Club	4thVet40	0:15:28	2:09:12	2:10:04	0:13:13	2:24:52	7:12:49	0:12:37
74	57	Courtney Rowe	NFTO Race Club	2ndVet50	0:14:53	2:09:12	2:10:23	0:13:11	2:26:23	7:14:02	0:13:50
75	29	Thomas Leach	Gloucester City CC	3rdSen	0:15:31	2:11:12	2:10:17	0:12:44	2:24:33	7:14:17	0:14:05
76	26	Kris Jasper	Falco Racing	2ndSen	0:15:49	2:09:12	2:02:03	0:12:26	2:35:47	7:15:17	0:15:05
77	64	George Thompson	Pedal Pushers	2ndSen	0:14:55	2:23:56	2:02:03	0:11:41	2:24:41	7:17:16	0:17:04
78	50	David Bates	Mammoth Lifestyle RT	2ndSen	0:14:57	2:23:56	2:02:03	0:12:11	2:24:18	7:17:25	0:17:13
79	99	Scott Gurnett	Wessex RT	2ndSen	0:14:54	2:09:12	2:09:43	0:11:51	2:31:54	7:17:34	0:17:22
80	88	Leszek Wuziak	Twickenham CC	2ndSen	0:15:08	2:16:26	2:10:04	0:12:43	2:24:18	7:18:39	0:18:27
81	1	John Backhouse	Audlem CC	3rdSen	0:15:21	2:15:18	2:10:04	0:13:15	2:24:55	7:18:53	0:18:41
82	78	Steven Kane	Team ASL 360/The Health Boutique	3rdSen	0:15:11	2:13:52	2:09:51	0:11:58	2:30:32	7:21:24	0:21:12
83	25	Ashley Gower	Falco Racing	3rdSen	0:15:49	2:09:12	2:12:20	0:13:33	2:30:32	7:21:26	0:21:14
84	69	Daniel Curran	Spokes Racing	3rdSen	0:15:15	2:09:12	2:10:04	0:12:32	2:35:47	7:22:50	0:22:38
85	100	Charlie Revell	Wessex RT	2ndSen	0:14:54	2:09:12	2:10:04	0:12:11	2:39:01	7:25:22	0:25:10
86	14	James Eastbury	Chester Road Club	2ndSen	0:15:28	2:09:12	2:10:04	0:13:12	2:42:06	7:30:02	0:29:50
87	2	Tom Ford	Audlem CC	3rdSen	0:15:26	2:09:12	2:10:17	0:13:37	2:41:56	7:30:28	0:30:16
88	70	Ben Forsyth	Spokes Racing	2ndJun	0:15:15	2:09:12	2:09:51	0:12:19	2:48:06	7:34:43	0:34:31
89	40	David Radcliffe	Isle of Man Cycling	4thSen	0:15:20	2:09:12	2:10:04	0:12:52	2:49:06	7:36:34	0:36:22
90	95	Alexandre Touche	WALES	3rdJun	0:16:36	2:39:00	2:11:31	0:12:01	2:24:13	7:43:21	0:43:09
91	89	James Bevan	VC Meudon RT	2ndSen	0:14:59	2:09:12	2:46:02	0:12:51	2:24:13	7:47:17	0:47:05
92	41	Laura Wasley	Isle of Man Cycling	W2ndSen	0:15:20	2:21:07	2:22:21	0:13:18	2:56:41	8:08:47	1:08:35
93	73	Andrew Bean	St Ives CC	4thSen	0:15:17	2:16:26	2:29:55	0:12:55	2:56:43	8:11:16	1:11:04
94	30	Sean Townsend	Gloucester City CC	2ndSen	0:15:31	2:16:26	2:40:09	0:13:07	2:56:51	8:22:04	1:21:52
	4	Ryan Forster	Audlem CC	3rdSen	0:15:21	2:09:12	2:27:53	0:13:17	DNF	DNF	DNF
	19	Paul Hayward	Cwmcam Paragon	4thVet40	0:16:30	2:09:12	2:22:21	0:13:00	DNF	DNF	DNF
	46	David Bird	London Phoenix CC	2ndSen	0:16:22	2:09:12	2:10:15	0:13:09	DNF	DNF	DNF
	77	Christopher Fletcher	Team ASL 360/The Health Boutique	3rdSen	0:15:11	2:38:22	2:40:09	0:13:10	DNF	DNF	DNF
	11	Peter Medhurst	Bikeshed UEx	2ndSen	0:14:47	2:20:54	DNS	DNS	DNS	DNS	DNS
	80	Russell Shingles	Team ASL 360/The Health Boutique	3rdSen	0:16:58	2:27:50	2:46:02	DNS	DNS	DNS	DNS