

# Ras De Cymru Stage Race

# GC After Stage 4

Position	Number	Name	Team / Club	Category	Stage 1 (h:mm:ss)	Stage 2 (h:mm:ss)	Stage 3 (h:mm:ss)	Stage 4 (h:mm:ss)	Overall Time (h:mm:ss)	Time Gap (h:mm:ss)
1	49	Gunther Zechmann	London Phoenix CC	2ndSen	0:15:01	2:08:33	2:02:03	0:11:15	<b>4:36:52</b>	
2	65	Steve Calland	South Downs Bikes CC	2ndVet40	0:14:37	2:09:12	2:01:47	0:11:36	<b>4:37:12</b>	<b>0:00:20</b>
3	83	Ben Simmons	Team Wiggle	2ndSen	0:14:35	2:09:12	2:02:03	0:11:23	<b>4:37:13</b>	<b>0:00:21</b>
4	96	Stephen Williams	WALES	2ndJun	0:14:44	2:09:12	2:02:03	0:11:17	<b>4:37:16</b>	<b>0:00:24</b>
5	72	Fraser Martin	Spokes Racing	2ndJun	0:15:15	2:08:38	2:02:03	0:11:20	<b>4:37:16</b>	<b>0:00:24</b>
6	18	Richard Harris	Cwmcarn Paragon	2ndVet40	0:15:12	2:08:23	2:02:03	0:11:43	<b>4:37:21</b>	<b>0:00:29</b>
7	20	Wayne Crombie	East London Velo	2ndVet40	0:14:51	2:09:12	2:02:03	0:11:17	<b>4:37:23</b>	<b>0:00:31</b>
8	67	Simon McNamara	South Downs Bikes CC	2ndSen	0:14:37	2:09:12	2:02:03	0:11:34	<b>4:37:26</b>	<b>0:00:34</b>
8	79	James Lowden	Team ASL 360/The Health Boutique	2ndSen	0:15:11	2:09:12	2:01:53	0:11:10	<b>4:37:26</b>	<b>0:00:34</b>
10	55	Joshua Jones	NFTO Race Club	2ndSen	0:14:53	2:09:12	2:02:03	0:11:21	<b>4:37:29</b>	<b>0:00:37</b>
11	81	Daniel Davies	Team Wiggle	2ndSen	0:14:35	2:09:12	2:02:03	0:11:41	<b>4:37:31</b>	<b>0:00:39</b>
12	68	Roger Smith	South Downs Bikes CC	3rdVet40	0:14:37	2:09:12	2:02:03	0:11:45	<b>4:37:37</b>	<b>0:00:45</b>
13	48	Jason Creswell	London Phoenix CC	3rdSen	0:15:01	2:09:12	2:02:03	0:11:24	<b>4:37:40</b>	<b>0:00:48</b>
14	66	Richard Cartland	South Downs Bikes CC	2ndSen	0:14:37	2:09:12	2:02:03	0:11:49	<b>4:37:41</b>	<b>0:00:49</b>
14	74	Jack Burgin	St Ives CC	3rdSen	0:14:54	2:09:12	2:02:03	0:11:32	<b>4:37:41</b>	<b>0:00:49</b>
16	9	Oscar Hutchings	Bikeshed UEx	2ndSen	0:14:47	2:09:12	2:02:03	0:11:42	<b>4:37:44</b>	<b>0:00:52</b>
17	85	James Bradley	Twickenham CC	2ndSen	0:15:08	2:08:28	2:02:03	0:12:11	<b>4:37:50</b>	<b>0:00:58</b>
17	90	Thomas Bowering	VC Meudon RT	2ndSen	0:14:59	2:09:12	2:02:03	0:11:36	<b>4:37:50</b>	<b>0:00:58</b>
19	62	Peter Cocker	Pedal Pushers	2ndSen	0:14:55	2:09:12	2:02:03	0:11:42	<b>4:37:52</b>	<b>0:01:00</b>
20	97	Calum Croft	Wessex RT	2ndSen	0:14:54	2:09:12	2:02:03	0:11:44	<b>4:37:53</b>	<b>0:01:01</b>
21	94	Gwyn Lovibond	WALES	2ndJun	0:14:44	2:09:12	2:02:03	0:11:58	<b>4:37:57</b>	<b>0:01:05</b>
22	43	Lee Comerford	London Dynamo	2ndSen	0:14:58	2:09:12	2:02:03	0:11:49	<b>4:38:02</b>	<b>0:01:10</b>
23	93	David Griffiths	WALES	2ndSen	0:14:44	2:09:12	2:02:03	0:12:04	<b>4:38:03</b>	<b>0:01:11</b>
24	22	Roger Maidment	East London Velo	2ndVet40	0:14:51	2:09:12	2:02:03	0:11:58	<b>4:38:04</b>	<b>0:01:12</b>
24	56	Paul Jones	NFTO Race Club	2ndSen	0:14:53	2:09:12	2:02:03	0:11:56	<b>4:38:04</b>	<b>0:01:12</b>
26	8	Edward Palfreeman	BC Central	2ndSen	0:15:02	2:09:12	2:02:03	0:11:51	<b>4:38:08</b>	<b>0:01:16</b>
27	42	Simon Bromley	London Dynamo	3rdSen	0:14:58	2:09:12	2:02:03	0:11:56	<b>4:38:09</b>	<b>0:01:17</b>
28	91	Albert Ellison	VC Meudon RT	2ndSen	0:14:59	2:09:12	2:02:03	0:11:57	<b>4:38:11</b>	<b>0:01:19</b>
29	71	Lewis Grieve	Spokes Racing	2ndJun	0:15:15	2:09:12	2:02:03	0:11:42	<b>4:38:12</b>	<b>0:01:20</b>
29	98	James Davey	Wessex RT	2ndSen	0:14:54	2:09:12	2:02:03	0:12:03	<b>4:38:12</b>	<b>0:01:20</b>
31	17	Steven Roach	Cwmcarn Paragon	2ndSen	0:15:12	2:09:12	2:02:03	0:11:46	<b>4:38:13</b>	<b>0:01:21</b>
32	12	Richard Oram	Bikeshed UEx	2ndSen	0:14:47	2:09:12	2:02:03	0:12:12	<b>4:38:14</b>	<b>0:01:22</b>
33	44	Jamie Francis	London Dynamo	2ndSen	0:14:58	2:09:00	2:02:21	0:11:57	<b>4:38:16</b>	<b>0:01:24</b>
34	3	Alex Jones	Audlem CC	2ndSen	0:15:21	2:09:12	2:02:03	0:11:41	<b>4:38:17</b>	<b>0:01:25</b>
35	60	Shaun Rouse	North Road CC	3rdSen	0:15:04	2:09:12	2:02:03	0:12:00	<b>4:38:19</b>	<b>0:01:27</b>
36	92	Peter Hitt	VC Meudon RT	2ndSen	0:14:59	2:09:12	2:02:03	0:12:08	<b>4:38:22</b>	<b>0:01:30</b>
37	33	Jack Stanton-Warren	Halesowen A&CC	3rdSen	0:15:16	2:09:12	2:02:03	0:11:56	<b>4:38:27</b>	<b>0:01:35</b>
38	87	Alex Tinsley	Twickenham CC	2ndSen	0:15:08	2:09:12	2:02:30	0:11:39	<b>4:38:29</b>	<b>0:01:37</b>
39	34	Charles Walker	Halesowen A&CC	2ndJun	0:15:16	2:09:12	2:02:03	0:12:00	<b>4:38:31</b>	<b>0:01:39</b>
40	52	Adam Howells	Mammoth Lifestyle RT	2ndSen	0:14:57	2:09:12	2:02:03	0:12:22	<b>4:38:34</b>	<b>0:01:42</b>
41	37	James Plumb	i-ride.co.uk	2ndSen	0:15:25	2:09:12	2:02:03	0:11:55	<b>4:38:35</b>	<b>0:01:43</b>
42	86	Iain Palmer	Twickenham CC	2ndSen	0:15:08	2:09:12	2:02:03	0:12:12	<b>4:38:35</b>	<b>0:01:43</b>
43	10	Ashley Martin	Bikeshed UEx	2ndSen	0:14:47	2:09:12	2:02:39	0:11:59	<b>4:38:37</b>	<b>0:01:45</b>
44	38	Elliot Baxter	Isle of Man Cycling	2ndSen	0:15:20	2:09:12	2:02:03	0:12:03	<b>4:38:38</b>	<b>0:01:46</b>
45	13	Peter Brook	Chester Road Club	3rdSen	0:15:28	2:09:12	2:02:03	0:11:58	<b>4:38:41</b>	<b>0:01:49</b>
46	28	Alastair Barnard	Gloucester City CC	2ndSen	0:15:31	2:09:12	2:02:03	0:11:57	<b>4:38:43</b>	<b>0:01:51</b>
47	39	Leon Mazzone	Isle of Man Cycling	2ndJun	0:15:20	2:09:12	2:01:58	0:12:15	<b>4:38:45</b>	<b>0:01:53</b>
48	36	Joshua Ibbett	i-ride.co.uk	3rdSen	0:15:25	2:09:12	2:02:03	0:12:06	<b>4:38:46</b>	<b>0:01:54</b>
49	58	Colin Bailey	North Road CC	2ndSen	0:15:04	2:09:12	2:02:03	0:12:29	<b>4:38:48</b>	<b>0:01:56</b>

# Ras De Cymru Stage Race

# GC After Stage 4

50	5	Matthew Exley	BC Central	2ndSen	0:15:02	2:09:12	2:02:03	0:12:38	<b>4:38:55</b>	<b>0:02:03</b>
51	35	Jon Cannings	i-ride.co.uk	2ndSen	0:15:25	2:09:12	2:02:03	0:12:20	<b>4:39:00</b>	<b>0:02:08</b>
52	63	Marcus Partridge	Pedal Pushers	2ndSen	0:14:55	2:09:12	2:02:44	0:12:21	<b>4:39:12</b>	<b>0:02:20</b>
53	31	Samuel Dighton	Halesowen A&CC	3rdJun	0:15:36	2:09:12	2:02:03	0:12:34	<b>4:39:25</b>	<b>0:02:33</b>
54	26	Kris Jasper	Falco Racing	2ndSen	0:15:49	2:09:12	2:02:03	0:12:26	<b>4:39:30</b>	<b>0:02:38</b>
55	32	Joseph Hobbs	Halesowen A&CC	3rdSen	0:15:16	2:09:12	2:02:03	0:13:01	<b>4:39:32</b>	<b>0:02:40</b>
56	16	David Crowley	Cwmcarn Paragon	3rdSen	0:15:12	2:09:12	2:02:03	0:13:06	<b>4:39:33</b>	<b>0:02:41</b>
57	24	Jim Avens	Falco Racing	2ndSen	0:15:49	2:09:12	2:02:03	0:12:30	<b>4:39:34</b>	<b>0:02:42</b>
58	54	Mick Ballantyne	NFTO Race Club	2ndVet40	0:15:54	2:09:12	2:02:03	0:12:31	<b>4:39:40</b>	<b>0:02:48</b>
59	15	Nicholas Whitley	Chester Road Club	4thVet40	0:15:28	2:09:12	2:02:03	0:13:13	<b>4:39:56</b>	<b>0:03:04</b>
60	6	Luke Merrilees	BC Central	2ndSen	0:15:02	2:09:12	2:02:39	0:13:09	<b>4:40:02</b>	<b>0:03:10</b>
61	51	Matthew Bonehill	Mammoth Lifestyle RT	2ndSen	0:14:57	2:11:12	2:02:03	0:11:59	<b>4:40:11</b>	<b>0:03:19</b>
62	84	Tim Wiggins	Team Wiggle	2ndSen	0:16:53	2:09:12	2:02:03	0:12:04	<b>4:40:12</b>	<b>0:03:20</b>
63	45	Gabriel Evans	London Dynamo	2ndJun	0:14:58	2:11:12	2:02:30	0:11:33	<b>4:40:13</b>	<b>0:03:21</b>
64	7	Christopher Palfreeman	BC Central	2ndSen	0:15:02	2:09:12	2:03:39	0:12:26	<b>4:40:19</b>	<b>0:03:27</b>
65	23	Jack Steven	East London Velo	2ndSen	0:15:30	2:12:53	2:02:03	0:11:44	<b>4:42:10</b>	<b>0:05:18</b>
66	99	Scott Gurnett	Wessex RT	2ndSen	0:14:54	2:09:12	2:09:43	0:11:51	<b>4:45:40</b>	<b>0:08:48</b>
67	21	Chris Herring	East London Velo	3rdSen	0:14:51	2:09:12	2:09:41	0:12:15	<b>4:45:59</b>	<b>0:09:07</b>
68	61	David Vaughan	North Road CC	3rdSen	0:15:04	2:09:12	2:09:51	0:12:09	<b>4:46:16</b>	<b>0:09:24</b>
69	100	Charlie Revell	Wessex RT	2ndSen	0:14:54	2:09:12	2:10:04	0:12:11	<b>4:46:21</b>	<b>0:09:29</b>
70	75	Rory Havis	St Ives CC	2ndSen	0:14:54	2:09:12	2:10:04	0:12:24	<b>4:46:34</b>	<b>0:09:42</b>
71	70	Ben Forsyth	Spokes Racing	2ndJun	0:15:15	2:09:12	2:09:51	0:12:19	<b>4:46:37</b>	<b>0:09:45</b>
72	27	Sol Warwick	Falco Racing	2ndSen	0:15:49	2:09:12	2:09:51	0:11:50	<b>4:46:42</b>	<b>0:09:50</b>
73	76	Jason Kierman	St Ives CC	2ndVet40	0:14:54	2:09:12	2:10:31	0:12:08	<b>4:46:45</b>	<b>0:09:53</b>
74	53	Dave Starkey	Mammoth Lifestyle RT	2ndSen	0:15:10	2:09:12	2:09:51	0:12:44	<b>4:46:57</b>	<b>0:10:05</b>
75	59	Paul McGrath	North Road CC	2ndSen	0:15:04	2:09:12	2:10:04	0:12:38	<b>4:46:58</b>	<b>0:10:06</b>
76	69	Daniel Curran	Spokes Racing	3rdSen	0:15:15	2:09:12	2:10:04	0:12:32	<b>4:47:03</b>	<b>0:10:11</b>
77	47	Miles Butler	London Phoenix CC	2ndSen	0:15:01	2:09:12	2:10:04	0:12:50	<b>4:47:07</b>	<b>0:10:15</b>
78	40	David Radcliffe	Isle of Man Cycling	4thSen	0:15:20	2:09:12	2:10:04	0:12:52	<b>4:47:28</b>	<b>0:10:36</b>
79	57	Courtney Rowe	NFTO Race Club	2ndVet50	0:14:53	2:09:12	2:10:23	0:13:11	<b>4:47:39</b>	<b>0:10:47</b>
80	82	Andy Shackel	Team Wiggle	2ndSen	0:14:35	2:09:12	2:10:33	0:13:24	<b>4:47:44</b>	<b>0:10:52</b>
81	14	James Eastbury	Chester Road Club	2ndSen	0:15:28	2:09:12	2:10:04	0:13:12	<b>4:47:56</b>	<b>0:11:04</b>
82	2	Tom Ford	Audlem CC	3rdSen	0:15:26	2:09:12	2:10:17	0:13:37	<b>4:48:32</b>	<b>0:11:40</b>
83	46	David Bird	London Phoenix CC	2ndSen	0:16:22	2:09:12	2:10:15	0:13:09	<b>4:48:58</b>	<b>0:12:06</b>
84	29	Thomas Leach	Gloucester City CC	3rdSen	0:15:31	2:11:12	2:10:17	0:12:44	<b>4:49:44</b>	<b>0:12:52</b>
85	78	Steven Kane	Team ASL 360/The Health Boutique	3rdSen	0:15:11	2:13:52	2:09:51	0:11:58	<b>4:50:52</b>	<b>0:14:00</b>
86	25	Ashley Gower	Falco Racing	3rdSen	0:15:49	2:09:12	2:12:20	0:13:33	<b>4:50:54</b>	<b>0:14:02</b>
87	64	George Thompson	Pedal Pushers	2ndSen	0:14:55	2:23:56	2:02:03	0:11:41	<b>4:52:35</b>	<b>0:15:43</b>
88	50	David Bates	Mammoth Lifestyle RT	2ndSen	0:14:57	2:23:56	2:02:03	0:12:11	<b>4:53:07</b>	<b>0:16:15</b>
89	1	John Backhouse	Audlem CC	3rdSen	0:15:21	2:15:18	2:10:04	0:13:15	<b>4:53:58</b>	<b>0:17:06</b>
90	88	Leszek Wuziak	Twickenham CC	2ndSen	0:15:08	2:16:26	2:10:04	0:12:43	<b>4:54:21</b>	<b>0:17:29</b>
91	19	Paul Hayward	Cwmcarn Paragon	4thVet40	0:16:30	2:09:12	2:22:21	0:13:00	<b>5:01:03</b>	<b>0:24:11</b>
92	4	Ryan Forster	Audlem CC	3rdSen	0:15:21	2:09:12	2:27:53	0:13:17	<b>5:05:43</b>	<b>0:28:51</b>
93	41	Laura Wasley	Isle of Man Cycling	W2ndSen	0:15:20	2:21:07	2:22:21	0:13:18	<b>5:12:06</b>	<b>0:35:14</b>
94	73	Andrew Bean	St Ives CC	4thSen	0:15:17	2:16:26	2:29:55	0:12:55	<b>5:14:33</b>	<b>0:37:41</b>
95	95	Alexandre Touche	WALES	3rdJun	0:16:36	2:39:00	2:11:31	0:12:01	<b>5:19:08</b>	<b>0:42:16</b>
96	89	James Bevan	VC Meudon RT	2ndSen	0:14:59	2:09:12	2:46:02	0:12:51	<b>5:23:04</b>	<b>0:46:12</b>
97	30	Sean Townsend	Gloucester City CC	2ndSen	0:15:31	2:16:26	2:40:09	0:13:07	<b>5:25:13</b>	<b>0:48:21</b>
98	77	Christopher Fletcher	Team ASL 360/The Health Boutique	3rdSen	0:15:11	2:38:22	2:40:09	0:13:10	<b>5:46:52</b>	<b>1:10:00</b>
	11	Peter Medhurst	Bikeshed UEx	2ndSen	0:14:47	2:20:54	DNS	DNS	DNS	DNS
	80	Russell Shingles	Team ASL 360/The Health Boutique	3rdSen	0:16:58	2:27:50	2:46:02	DNS	DNS	DNS